

CERTIFICATE OF PARTICIPATION

This is to certify that

Sonja Nel

Has successfully participated & completed the

Team Steer Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

TIME 01:30:26

PACE 05:39/km

OVERALL 4 of 10

GENDER 3 of 5

40 - 49 2 of 2

06 August 2017, Sun

Date



BoutTime

Signature

